

MEDIA COVERAGE & OPPORTUNITY KIT

Lisa F. Crites, PhD (hc) | Author of *Beautifully Unbroken: A Life-Changing Invention Born of Loss, Cancer, Courage, and Faith*

Amazon Best Seller · No. 1 in Cancer, Spiritual Biography & Health and Spirituality

Lisa F. Crites is an award-winning inventor, entrepreneur, and health and medical journalist whose patented creation, The SHOWER SHIRT® , has transformed post-surgical recovery for patients around the world.

Lisa F. Crites · lclisacrites@gmail.com · Verified by BrightKey PR



About Lisa F. Crites

Lisa F. Crites is a medical journalist, patented inventor, and award-winning entrepreneur whose life took an extraordinary turn following the sudden passing of her mother and a subsequent breast cancer diagnosis requiring a bilateral mastectomy. Rather than allowing grief and illness to define her future, she channeled those experiences into a compassion-driven medical innovation that has helped patients worldwide.

With more than 30 years of experience in health and medical journalism and corporate communications, Crites began her television career as the original health and medical news anchor and reporter for Central Florida News 13 in Orlando. Her work has been featured by Forbes, Reader's Digest, The Huffington Post, FOX News, CBS, NBC, CNN, and Lifetime Television's The Balancing Act.

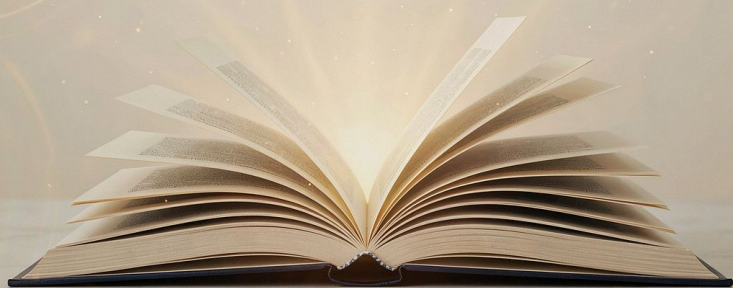
Behind the Book

Beautifully Unbroken chronicles how loss, breast cancer, courage, and unwavering faith inspired the creation of The SHOWER SHIRT®—the first and only patented water-resistant garment designed to protect chest surgery patients while showering (U.S. Patent No. 8,516,613).



Lisa F. Crites

AP NEWS COVERAGE



Media Coverage & Recognition

AP News Coverage

National press release:

"Beautifully Unbroken: A Life-Changing Invention Born of Loss, Cancer, Courage, and Faith Shares a Story of Resilience"

[View AP News Coverage](#)

Amazon Best Seller & Trending No. 1

Reached Amazon Best Seller status and trended at No. 1 in multiple categories including Cancer, Spiritual Biography, and Health and Spirituality—still trending in New Releases six weeks after publication

Verified by BrightKey PR | Published 2026

Interview Topics & Talking Points

Let's Talk About...

1

From Loss to Innovation

How the sudden passing of her mother, followed by a breast cancer diagnosis and bilateral mastectomy, became the catalyst for a globally recognized medical invention

2

The Birth of The SHOWER SHIRT®

How a plastic trash bag became the unexpected inspiration for the world's first patented water-resistant garment protecting chest surgery patients while showering (U.S. Patent No. 8,516,613)

3

Navigating Recovery with Dignity

The often-overlooked emotional and practical challenges of post-surgical recovery—grief, isolation, loss of independence—and how addressing them can transform patient outcomes

4

Faith as a Compass, Not a Destination

How unwavering faith served not as a single turning point but as a steady source of guidance through every stage of loss, recovery, invention, and reinvention

5

Women, Innovation & Advocacy

Crites' journey to national recognition as a 2015 InnovateHER Challenge winner, and her work advocating in the most powerful rooms in the country for breast cancer patients

6

Compassion-Driven Entrepreneurship

How personal hardship can become a blueprint for practical innovation—and why proceeds from every book sold are donated to breast cancer support groups and nonprofits

Available for podcasts, radio, TV, print interviews, and event appearances. Lisa is an insightful and engaging speaker who connects with audiences navigating cancer recovery, healthcare innovation, entrepreneurship, and faith-driven resilience.

Booking & Media Requests



Lisa F. Crites, PhD (hc

Inventor, Author & Medical Journalist

✉ lcrites@gmail.com

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Schedule a 15-minute intro call to discuss coverage, guest features, or speaking opportunities.

📖 Book Availability

Beautifully Unbroken: A Life-Changing Invention Born of Loss, Cancer, Courage, and Faith is available now on Amazon, trending as an Amazon Best Seller in New Releases with dozens of five-star reviews.

[Order on Amazon](#) | Also available at showershirtinventor.com and lisashowershirt.com

Impact & Recognition

#1

Amazon Best Seller

Trending at No. 1 in Cancer, Spiritual Biography, and Health and Spirituality categories on Amazon

2015

InnovateHER Winner

National recognition as a winner of the SBA's InnovateHER Challenge, honoring innovations that improve the lives of women

What Readers Are Saying

"This is not just a book about breast cancer. This is a book about a patient who chose to invent a product for the betterment of future breast cancer patients. It is about a woman who walked into the most powerful rooms in the country to fight for breast cancer patients—and for every mother, sister, and daughter who may eventually be affected by breast cancer." — LJK

For cancer survivors, caregivers, healthcare professionals, entrepreneurs, inventors, and readers navigating their own seasons of adversity, *Beautifully Unbroken* offers reassurance that healing does not follow a fixed timeline—and demonstrates how real-world challenges can inspire practical solutions that improve the lives of others.